



Better Way Events

14 - 15 June 2024 - Winkworth Farm, Wiltshire



DETOX & WELLBEING FAIR

Featuring

DR TESS LAWRIE - DR DIETRICH KLINGHARDT
- PROF ANGUS DALGLEISH - CLIVE DE CARLE -
PATRICK HOLFORD - DR TINA PEERS
AND MANY MORE

MC:
RICHARD
VOBES



TALKS &
WORKSHOPS

HEALTH
STALLS

DOCTORS &
HOLISTIC
PRACTITIONERS



World Council
For Health

PLUS LIVE
MUSIC



Better Way Events **DETOX & WELLBEING FAIR**

14 - 15 June 2024 - Winkworth Farm, Wiltshire



WELCOME TO THE INAUGURAL BETTER WAY DETOX FAIR IN THIS BEAUTIFUL SETTING IN RURAL WILTSHIRE.

This event is the first of its kind in the UK. Bringing together a blend of allopathic and holistic practitioners, the fair promises a fusion of traditional and alternative approaches to health.

The aim of the fair is to empower you to take action with vital information to optimise your health, boost your immune system and improve your wellbeing. There will be panel discussions including question and answer sessions featuring leading experts in their fields. Topics include detoxing, gut health, sovereignty, cancer, energy medicine and rethinking healthcare systems, to name a few.

The Master of Ceremonies is **Richard Vobes** and **Dr Tess Lawrie, Christophe Plothe DO** and **Dr Marivic Villa** will be hosting sessions. We are delighted to welcome **Dr Dietrich Klinghardt**, who will be speaking on 'Detoxing Long Covid & Covid Jabs'. Also appearing are **Clive de Carle, Philly J Lay, Dr David Cartland, Dr Tina Peers** and **Dr Angus Dalgleish**, plus, we welcome many fantastic independent exhibitors. [Do visit our exhibitor area to find out more.](#)

We are also offering a wide variety of workshops ranging from breathwork, frequency medicine, introduction to homeopathy and herbal medicines, harmony singing and qi gong. You'll find wonderful therapists offering many different modalities in our Holistic Healing Hub.

Our **blood testing area** is located in the Vitality Hub Long Barn. You'll be able to access both live and dry blood panels with screenings for parasites, heavy metals and more. If you haven't already booked, we recommend heading to the Long Barn early to book your slot as numbers are limited. We are also delighted to have the incredible team from **Trewhitt's** to feed us.

We're excited to be offering some great evening festivities including **Jam for Freedom Takeover** on the main stage on Friday night followed by **DJ Mark Devlin**. On Saturday night, Jam for Freedom artists followed by an amazing DJ set from **Danny Rampling**.

We look forward to a wonderful weekend of healing, wellness and shared wisdom.

The World Council for Health Events Team

Information correct at time of going to press. Please note that due to changing circumstances, times, speakers and performers are subject to alteration, and possibly cancellation.



Acupuncture
 Red Light Therapy
 On site Parking
 Family friendly
 Healthy Food stalls
 Free Tickets for
 Vax injured

Learn about
 the root
 cause of
 disease

Get help
 and
 solutions

Participate
 in
 Workshops
 Detox Area
 Nutrition Area
 Wellbeing Area
 Blood testing
 Homeopathy

Qi Gong
 Live music & DJs
 with
 Danny Rampling
 Mark Devlin
 Mind health
 Herbal medicines
 Energy medicine

Hosted by
 Richard Vobes
 With
 Dr Tess Lawrie
 and
 Christof Plothe DO

With
 Prof Angus Dalgleish
 Dr Dietrich Klinghardt
 Dr Marivic Villa
 Dr Tina Peers
 Dr Dean Patterson
 Jane Gunn
 David Charalambous

Dr Ramiz Ahmed- Man
 Dr David Cartland
 Dr Jenny Goodman
 Francesca Havens
 Philly J Lay
 Maureen Fearon
 Dr Ali Ajaz





SPEAKER BIOS

YOUR HOST

RICHARD VOBES
UNITED KINGDOM
Also known as The Bald Explorer and now as one half of The English Couple. Richard Vobes, the driving force behind Vobavision, has worked with most of the major broadcasters as well as having provided services for well known corporations and many independent companies in the UK. His specialty is online media and productions for the small screen.



DR. TESS LAWRIE
UNITED KINGDOM. Director of E-BMC Ltd & EbMCsquared CiC. Sits on the Steering Committee of the World Council for Health.



DR STEPHAN BECKER
AUSTRIA. Orthopaedic surgeon, Professor associé Université de Sherbrooke. Founding member of the Spine Alliance. Board positions in various international medical organisations.



CLIVE DE CARLE
UNITED KINGDOM. Speaker & Broadcaster on Natural Health. Health educator, founder of secrethealthclub.com, researcher, video creator, consultant, supplement manufacturer.



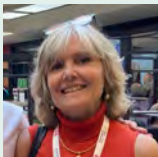
CHRISTOF PLOTHE, DO
GERMANY. Osteopath. Lead for the WCH Health & Science and Steering Committee member. Working in integrative medicine incl. naturopathy, environmental medicine, and holistic dentistry with conventional medicine.



MAUREEN FEARON
UNITED KINGDOM. Behavioural and emotional expert. Qualified therapy specialist, trainer, motivational speaker, inspiring others to overcome life's challenges.



PROFESSOR ANGUS DALGLEISH
UNITED KINGDOM. Senior Clinical Scientist at the MRC Clinical Research Centre, Northwick Park. Prof. of Oncology at St. George's University of London. Focus on the immunotherapy of cancer.



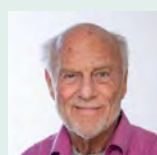
FRANCESCA HAVENS
UNITED KINGDOM. Nutritional Therapist & Clinical Psychoneuroimmunologist, poet, linguist, anthropologist.



DR MARIVIC VILLA
USA. Affiliated with University of Florida Health, The Villages & Leesburg Hospitals. Dr. Villa, aka "The Covid Slayer" is Board Certified Pulmonologist, and has treated thousands of acute cases.



KATE SHEMIRANI
UNITED KINGDOM.
Natural Nurse in a Toxic World.



DR DIETRICH KLINGHARDT
GERMANY. Recognised for successful treatment of chronic pain, Lyme disease and autism. Developed A.R.T™ a diagnosis system based on bio-feedback.



SPEAKER BIOS



DR TINA PEERS
UNITED KINGDOM. Consultant in Contraception and Reproductive health, with a special interest in menopause. She has developed an interest in MCAS and histamine intolerance.



DANIELA DEIOSSO
USA. Anthroposophical teaching, MSc in Neuroscience & develops the A.R.T. syllabus. Opens up teachings of Dr Klinghardt to doctors, healthcare practitioners, students & patients worldwide.



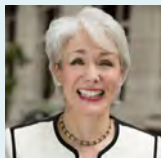
PATRICK HOLFORD
UNITED KINGDOM. A leading figure in nutrition since 1984. He was Founder of the Institute for Optimum Nutrition, with his mentor, twice Nobel Prize winner Dr Linus Pauling, as patron.



DR ALI AJAZ
Forensic Psychiatrist Consultant. Expert witness. Worked in the NHS with special interest in cultural psychiatry. Worked at cultural consultation service in E. London.



DR DEAN PATTERSON
UNITED KINGDOM. Clinical Lecturer in cardiovascular medicine. Honorary Specialist Registrar in general medicine at Tayside University Hospital, Dundee.



JANE GUNN
UNITED KINGDOM. Aka “The Barefoot Mediator”. Mediator, speaker, author, former corporate lawyer. Specialises in transforming business relationships to open new revenue streams and creating vibrant corporate culture.



DR DAVID CARTLAND
UNITED KINGDOM. Medical doctor and GP. First-Class Honours degree in Biomedical science with specialist immunology and microbiology/virology training and statistical analysis.



DAVID CHARALAMBOUS
UNITED KINGDOM. A behaviour and communication expert, founder of ReachingPeople.net. Extensively studied NLP, Behavioural Science, Behaviour & Communication.



PHILLY J LAY
UNITED KINGDOM. Creator of The Wellness Awakening Meditation and Breathwork album and host of the #1 podcast. EFT/ Matrix Reimprinting Practitioner and breathwork meditation coach.



Photo: Emma Sron



DR TESS LAWRIE'S TOP DETOX TIPS:

- Minimise exposure to environmental toxins, including exposure to digital devices, biocides, GMOs, fluoride, plastics, and other chemicals.
- Eliminate processed food and drink clean water.
- Avoid sugar.
- Eat fermented food, like kimchi and miso, and traditionally grown food (non-GMO, non-biocide). You can make loads of kimchi or sauerkraut at home for little more than the cost of a cabbage!
- If you eat meat, have meat-free detox periods of two to three weeks a few times a year.
- Do intermittent fasting. This can have health benefits with a fasting window of as little as 14 hours a day.
- Use heat therapies, like far-infrared, sauna, aerobic exercise and sunbathing, to detox fat-soluble toxins, and wash off afterwards.
- Get plenty of sleep. Good sleep is unbelievably healing!
- Have regular Epsom salts or salt baths.
- Reduce stress through mindfulness, prayer, meditation and gratitude.
- Have time in nature every day as much as possible and get plenty of sunshine.
- Make detoxifying teas and infusions from dandelions and nettles, nature's 'weeds', and drink at least three cups a day.
- Take plenty of vitamin C in fresh fruit and supplement forms. (I make a warm drink with 1g vitamin C powder and a quarter teaspoon of ground ginger two or three times a day.)



**LOW COST
DETOX IDEAS**

For more top tips on keeping healthy join Tess' Substack
drtesslawrie.substack.com



World Council for Health Substack
worldcouncilforhealth.substack.com





DETOX & WELLBEING GUIDE

Actionable strategies and valuable insights to enhance your health and wellness journey. It contains recommendations, dietary guidelines, lifestyle tips, and suggested practices to help you embark on your detoxification journey empowered with the knowledge and tools you need to take control of your health.

[Visit the World Council for Health stand for more info](#)





PROGRAMME - FRIDAY 14 JUNE

9.15 : WELCOME BY RICHARD VOBES AND DR TESS LAWRIE



Richard Vobes



Tess Lawrie

9.30 – 11.00 : PANEL 1: STAYING WELL IN TOXIC TIMES - CANCER DETOX



Christof Plothe



Angus Dalglish



Francesca Havens



Kate Shemirani

healthy. Chaired by WCH Health & Science Lead **Christof Plothe DO** (Germany), panelists **Prof. Angus Dalglish** (UK), **Francesca Havens** (UK), and **Kate Shemirani** (UK) will each

This panel is all about how we identify the root cause of cancer and other metabolic diseases, and what we can do to reduce our cancer risk and stay

have 15 minutes to share their top tips, followed by a 30-minute Q & A session with the audience.

11.15 – 12.45 WORKSHOP A : FREQUENCY MEDICINE – AN ALTERNATIVE WAY TO HEALTH



Christof Plothe



Stephan Becker



Clive de Carle



Maureen Fearon

frequency and vibration'. Join this workshop to learn about new, old and natural techniques of healing based on frequency and vibration. Host: **Christof Plothe DO** (Germany), **Dr**

Nikola Tesla said 'if you want to know the secrets of the universe, think in terms of energy,

Stephan Becker (Austria), **Clive de Carle** (UK), **Maureen Fearon** (UK)

13.15 – 14.45 PANEL 2: STAYING WELL IN TOXIC TIMES - VACCINE DETOX



Marivic Villa



Dietrich Klinghardt



Tina Peers



Jenny Goodman

Florida lead **Dr Marivic Villa** panelists **Dr Dietrich Klinghardt** (Germany), **Dr Tina Peers** (UK), and **Dr Jenny Goodman** will each have 15 minutes to share their top tips

Our health is under attack. Given the many toxins we are exposed to daily, find out not only how to stay alive but how to thrive. Chaired by WCH

on detoxing from environmental and medical (vaccine) toxins, followed by a 30-minute Q and A session with the audience.



VENUE: COVERED YARD BARN

15.00 – 15.45 WORKSHOP B : STAYING WELL IN TOXIC TIMES - BRAIN HEALTH



Patrick Holford

How is your memory and cognition these days? In this workshop, 'The four Horsemen of the Mental Health Apocalypse', world-renowned UK nutrition and brain health expert, **Patrick Holford**, will introduce and address the root cause of the global brain health emergency and give you practical solutions to improving your brain health!

16.00 – 17.30 PANEL 3: STAYING WELL IN TOXIC TIMES - BETTER HEALTH SYSTEMS



Tess Lawrie



Dean Patterson



David Cartland



Philly J Lay



Ramiz Ahmed-Man

Health advice and practitioners we can trust – where do we find them? Chaired by **Dr Tess Lawrie** (UK), panelists **Dr Dean Patterson** (Guernsey), **Dr David Cartland** (UK), **Philly J Lay** (UK), and **Dr Ramiz Ahmed-Man** (UK) will share their views on how we create better healthcare systems and how we take control of wellbeing.

FROM 17:00 LIVE MUSIC

5 -6PM : BETTER WAY HUB

VVZYK

7PM : COVERED YARD BARN

THE LOOKOUT

THIS MACHINE KILLS ARCHONS

9PM - 11PM : COVERED YARD BARN

DJ MARK DEVLIN



Find some of these fantastic acts on the main stage alongside panels, DJ's, comedians and over 150+ workshops, performances and activities at this years Jam for Freedom Festival!

Pick up final tickets, meet the team and see our full schedule with an exclusive Better Way discount and gifts at the Jam for Freedom Stall today!

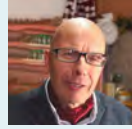
The Jam for Freedom Festival takeover is curated and hosted by Cabel McLaughlin, Founder of Jam for Freedom



PROGRAMME - SATURDAY 15 JUNE



9.15 : WELCOME BY RICHARD VOBES AND DR TESS LAWRIE



Richard Vobes



Tess Lawrie

9.30 – 11.00 PANEL 4: STAYING WELL IN TOXIC TIMES: GENERAL DETOX



Christof Plothe



Jenny Goodman



Clive de Carle



Marivic Villa

Health & Science Lead **Christof Plothe DO** (Germany), panelists **Dr Jenny Goodman** (UK), **Clive de Carle** (UK), and **Dr Marivic Villa** (USA) will share their top

Our health is under attack. Given the many toxins we are exposed to daily, find out not only how to stay alive but how to thrive. Chaired by WCH

tips on detoxing from environmental and medical toxins, followed by a 30-minute Q and A session with the audience.

11.15 – 12.45 WORKSHOP C: DETOXING LONG COVID & COVID JOBS



Dietrich Klinghardt



Daniela Deiosso

The Covid era has left many chronically ill and injured. Join Dr Dietrich Klinghardt PhD and Daniela Deiosso MSc as they present precise diagnostic tools and effective, practical solutions for those injured by and suffering the long term effects of Covid.

13.15 – 14.45 PANEL 5: STAYING WELL IN TOXIC TIMES: MIND HEALTH



Tess Lawrie



Ali Ajaz



Maureen Fearon



Jane Gunn



David Charalambous

to enable make healthy choices? Chaired by **Dr Tess Lawrie, David**

It is now widely known that, during the Covid chapter, we were psychologically manipulated to follow official narratives. When authorities cannot be trusted, how do we keep our minds sovereign

Charalambous (Reaching People), **Dr Ali Ajaz, Maureen Fearon** and **Jane Gunn** will each have up to 15 minutes to share top tips on restoring mind health, followed by a 30-minute Q and A with the audience.

VENUE: COVERED YARD BARN

15.45 – 17.00 WORKSHOP D: EMF/RFR DETOX WORKSHOP



Glynn Hughes

Modern life leads to man-made electromagnetic frequency radiation in our environment. Although most EMFs go unnoticed, scientific evidence suggests this radiation could be affecting our health. **Glynn Hughes** explains how to mitigate negative effects from electromagnetic frequencies in the home using the latest available solutions.

17.00 - 18.00 DETOX FROM THE WHO



Richard Vobes



Tess Lawrie

The globalists are trying (but failing!) to manifest a new world order through the World Health Organisation. **Richard** and **Tess** will discuss how the world's people are pushing back and what we can all do to create the world we want to see.

17.00 LIVE MUSIC

5 - 6PM : BETTER WAY HUB

WHOM BY FIRE

7PM : COVERED YARD BARN

PETER CONWAY

VICTORIOUS

9PM - 11PM : COVERED YARD BARN

DJ DANNY RAMPLING



Find some of these fantastic acts on the main stage alongside panels, DJs, comedians and over 150+ workshops, performances and activities at this years Jam for Freedom Festival!

Pick up final tickets, meet the team and see our full schedule with an exclusive Better Way discount and gifts at the Jam for Freedom Stall today!

The Jam for Freedom Festival takeover is curated and hosted by Cambel McLaughlin, Founder of Jam for Freedom



HEAD TO THE BETTER WAY HUB

POP IN FOR A TASTER OF ANY OF THESE THERAPIES

iTeraCare Wand Therapy - with MeiMei

Acupuncture - with Sarah

Massage - with Jan Erik

Nutritional therapy - with Sue/Francesca

Red Light Therapy Kinesiology - with Catherine

Shiftwave - with Clive

Reiki - with Diana

Reflexology - with Jane

EFT Tapping - with Rebecca

Homeopathy - with Shahin

Shungite Quantum Demonstrations - with Kimberley

Flower Essences - with Amy

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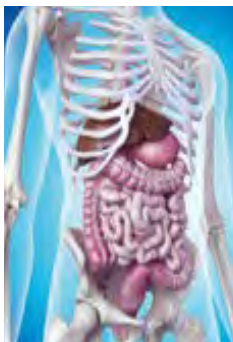
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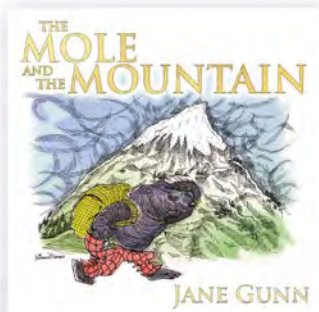
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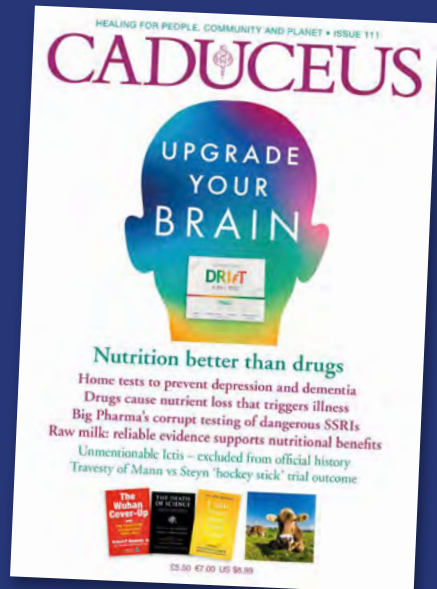
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*Spring issue contents (no. 111), back
issues and sub form on website*

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Editor: Simon Best





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AlphaClear is a high-grade micronised zeolite and chlorella food supplement. These work synergistically together for effective detox within the gut, binding toxins before they can be absorbed into the body. The zeolite in AlphaClear is micronised using a process called tribomechanical activation to achieve a very fine particle size.



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The Role of Terahertz Waves in Enhancing Human Health

(FOR INFORMATIONAL USE ONLY)

TERAHERTZ (THZ) WAVES, PART OF THE ELECTROMAGNETIC SPECTRUM, ARE GAINING CONSIDERABLE ATTENTION IN THE FIELD OF BIOMEDICAL SCIENCE. THIS ARTICLE AIMS TO DELVE INTO THE POTENTIAL OF TERAHERTZ WAVES IN ENHANCING HUMAN HEALTH, TREATING DISEASES, AND INCREASING HUMAN COGNITION.

Terahertz waves are located between the infrared and microwave regions of the electromagnetic spectrum, and these waves exhibit high sensitivity to biomolecules and water content. Moreover, they are non-ionizing radiation, making them safe for biological applications.

Terahertz waves have effects such as **improved hydration and increased collagen production**. In addition, terahertz waves have been used to treat skin conditions such as psoriasis and dermatitis, as well as accelerate wound healing.

Also, they may be used to **reduce inflammation in joints or stimulate muscle regeneration in damaged tissue**. Furthermore, THz waves may also help improve the body's healing process by **increasing blood circulation, reducing pain, and improving tissue regeneration**. Thus, THz technology holds great potential for treating a wide range of human diseases and could help improve overall human health.

TERAHERTZ WAVES AND ABNORMAL CELLS

Recent studies have shown that exposure to high-power terahertz pulses can down-regulate genes associated with skin cancer and psoriasis. This indicates a possible

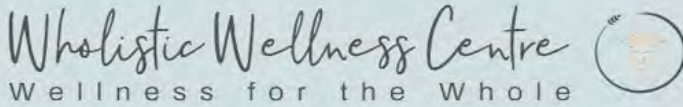
therapeutic application of terahertz waves in treating these conditions.

Moreover, terahertz waves have also been found to cause DNA demethylation in cancer cells, further highlighting their potential in cancer treatment.

Beyond cancer treatment, terahertz waves have also shown potential in other therapeutic applications. For example, they have been used to stimulate wound healing in animal models.

Terahertz waves have also been used on other conditions such as acne, wrinkles, and hair loss. In addition, terahertz technology has been used to help improve the delivery of supplements into the body. By using THz waves to deliver supplements directly to the target cells, nutrient delivery can be more efficient and effective. Finally, THz waves have also been used in physical therapy to reduce muscle spasms and inflammation.

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LIVE & DRY BLOOD ANALYSIS

Blood is vital for health. It is the river of life.

It provides oxygen, the fuel for every cell in our body.

It holds our immune system cells, so that we are always aware and alerted to any type of threat be it a pathogen or toxin exposure.

It carries and delivers vital chemical messages so that all of our organs and systems are in communication and they work together to maintain health.

WHAT IS LIVE BLOOD ANALYSIS?

Live Blood Analysis involves taking a drop of blood from the fingertip and placing it immediately under the microscope.

It is magnified 1000 times so that each cell can be clearly seen and examined, along with any debris in the plasma. You will see your own cells on a screen as the analyst explains what is going on in your blood.

WHAT CAN ONE DROP OF BLOOD TELL YOU ABOUT YOUR HEALTH?

One drop of blood contains 5 million cells. The proportions and amounts of the different cells distributed throughout that one drop is representative of what is contained in all of a person's blood.

As analysts we are looking for anything in the blood that tells us whether the cells are:

- Being produced normally
- Being damaged in circulation
- Too few or too many

We are checking to see if the plasma is congested with:

- The debris of cellular or toxic wastes
- Signs of coagulation or clotting issues
- Does it cause the cells to degrade faster than they should?
- Dry Blood Analysis is often done alongside the live blood. This
- highlights indications such as
- Evidence of parasites
- Presence of heavy metals
- Organ and system inflammation
- Oxidative stress levels
- Chronic or acute disease processes

JOIN US IN THE VITALITY BARN TO FIND OUT MORE

WHAT CAN ABNORMALITIES IN A DROP OF BLOOD TELL US?

We can see if there are signs of low levels of vital nutrients.

- Iron, B12, folate, zinc, vitamin c, essential fatty acids, minerals
- We can see if there are signs of immune system stress.
- Inflammatory response, allergy response, pathogen presence.

We can see if there is stress in organs or systems.

- Liver stress, lymphatic overload, digestive issues, dysbiosis, candida/ fungus presence, parasites, blood clotting issues, heavy metals, toxins, pH balance and zeta-potential status.

IS IT DIAGNOSTIC?

Live Blood Analysis is a holistic health screening tool used in the field of complementary medicine, often in conjunction with nutrition, naturopathy, homeopathy, acupuncture or herbalism and as such it is not used to diagnose.

However it is scientific. It uses the same haematological terms and is based on biochemical, anatomical and physiological knowledge of human health.

Most normal blood tests are also not diagnostic but they do help to gain more information about your body.

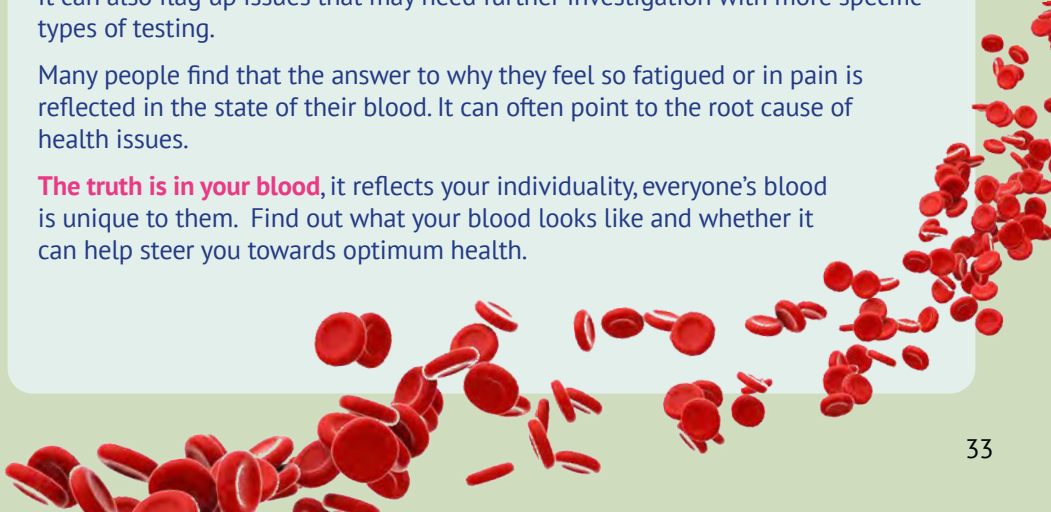
WHAT HAPPENS AFTER THE ANALYSIS?

The information gained is used to create individualised recommendations that include lifestyle, diet and supplement approaches that aim to remedy the issues seen in the blood. Normal healthy blood is a result of a healthy body.

It can also flag up issues that may need further investigation with more specific types of testing.

Many people find that the answer to why they feel so fatigued or in pain is reflected in the state of their blood. It can often point to the root cause of health issues.

The truth is in your blood, it reflects your individuality, everyone's blood is unique to them. Find out what your blood looks like and whether it can help steer you towards optimum health.





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MAP OF THE FAIR



KEY

- 1** Better Way Detox Fair Registration/Help Desk
- 2** The Farmacy - Exhibitor Hall
- 3** The Vitality Barn
- 4** Media Room
- 5** Toilets
- 6** & **7** The Grounding Gardens
- 8** The Apothecafé

- 9** Car Park A
- 10** Car Park C
- 11** Car Park B. Situated in field: access through a gate beyond Car Park A
- 12** Car Park D
- 13** The Tractor Barn Cafe
- 14** Covered Yard Barn
- 15** The Better Way Hub Giant Tipi



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