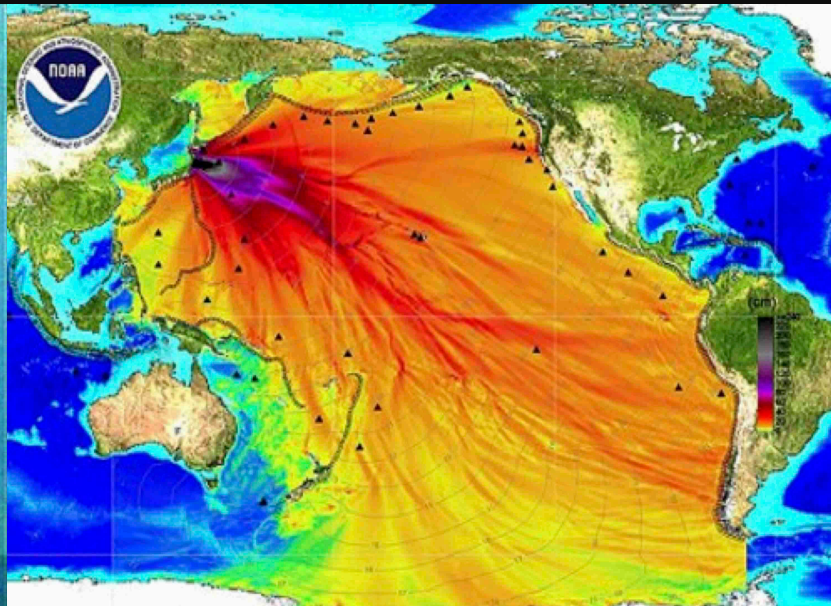


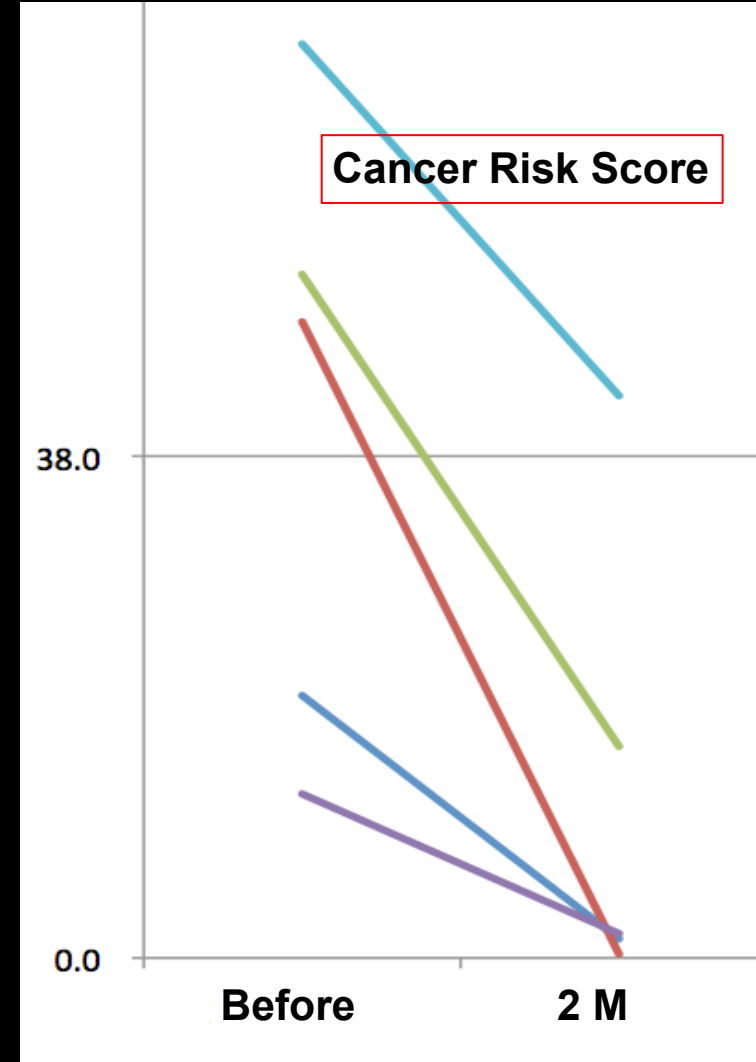
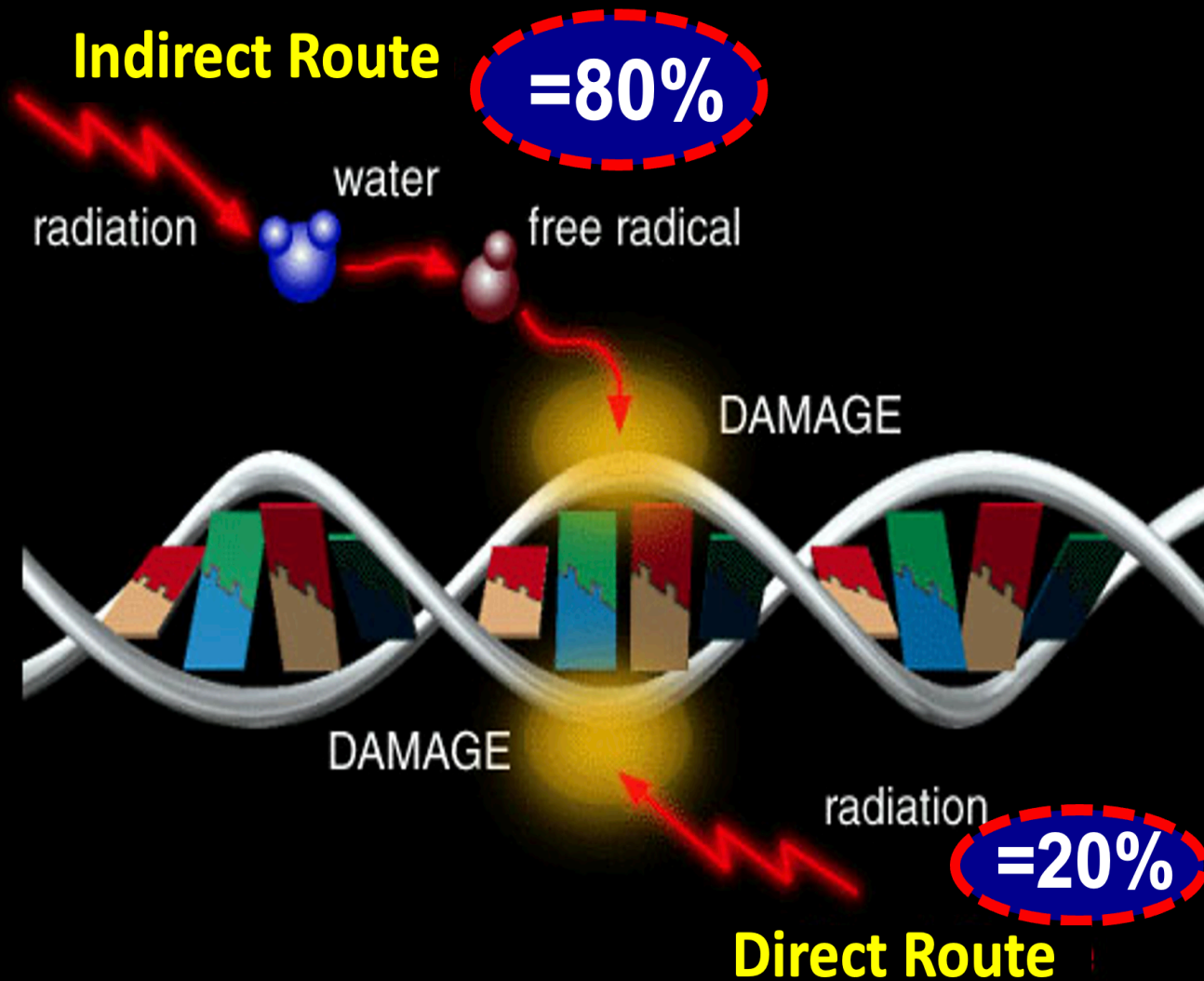
## Learning from the Fukushima Nuclear Power Plant Accident and the Covid-19 Pandemics

The Fukushima nuclear power plant accident was triggered by the tsunami caused by the earthquake on March 11, 2011. At that time, the WHO should have immediately prioritized health protection activities from a public health perspective.

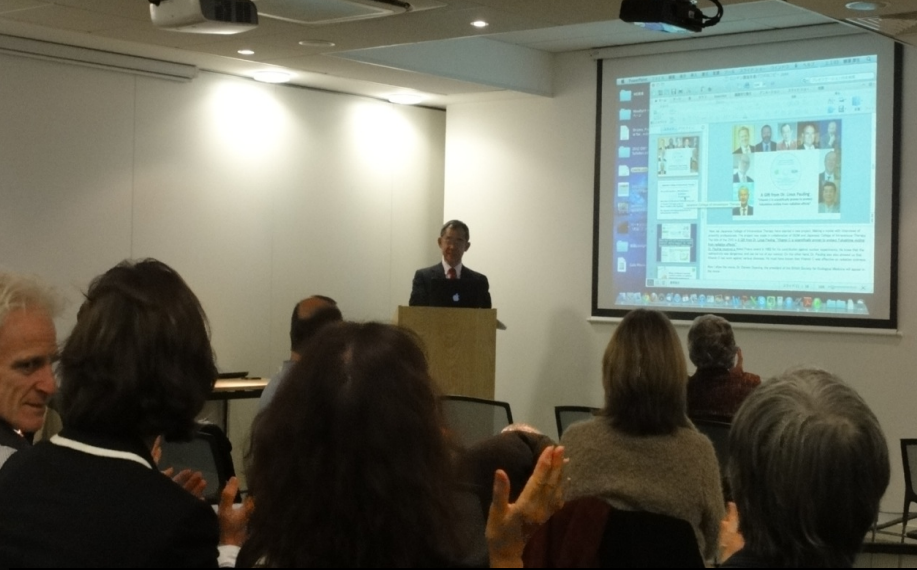
However, the agreement with International Atomic Energy Agency (IAEA), which promotes nuclear power, limited WHO's independence, and I was very disappointed in WHO's activities in Japan.



There are many scientific studies demonstrating protective effects of vitamin C and other anti-oxidative nutrition upon radiation injury.







**London (UK)**



**Vancouver (Canada)**



**Valencia (Spain)**



**Paris (France)**



**Saul (Korea) (Canada)**



**Wichita (USA)**

**Nutritional therapy experts around the world agreed that humans have an amazing system of protection against radiation.**

**In 26th January,2020, 45 nutrition specialists of International Society for Orthomolecular Medicine recommends following nutrients to prevent or minimize symptoms for Covid-19 infection.**

<b>Vitamin C :</b>	<b>3,000 mg /day or more</b>
<b>Vitamin D3:</b>	<b>2,000 IU /day</b>
<b>Zinc :</b>	<b>20 mg /day</b>
<b>Magnesium:</b>	<b>400 mg /day</b>
<b>Selenium :</b>	<b>100 <math>\mu</math>g /day</b>

**If we gather the wisdom of the wise  
and the wisdom of science,  
we will find the answer.**

**We have an amazing healing power to fight not only radiation exposure but also Covid-19 infection. This healing ability has been acquired throughout our long human history. This ability is diverse in regions, ethnic groups, and individuals.**

**We have learned from the Covid-19 pandemics that we must not destroy your body's healing system. Do not repeat the same mistakes. But the One health that WHO is promoting is trying to repeat the same mistakes. Let's look more to the wisdom of the wise and to science.**

**Physicians and scientists must stand up to protect the people by providing the right medical care and by being the last bridgehead to protect the health of the people.**

**On behalf of the International Society of Orthomolecular Medicine, I say to you. We do not need WHO's One Health in this beautiful planet, Earth.**