### MCAS and the spikopathy: restoring good health

#### What is MCAS?

Abnormal hyper reactive mast cells. Genetic (and epigenetic) 17% of the population.

#### Where are the mast cells?

Everywhere! Gut, skin, airways, lining the nerves, genital tract, bladder, cornea

#### Symptoms of inflammation: Cytokine storm

Brain fog, fatigue, IBS, POTs, Headaches, urticaria, eczema, rosacea, psoriasis, ME/CFS, neuroinflammation, anxiety, insomnia, fluid retention, aches and joint pains

#### Avoid and reduce the triggers:

High histamine foods, water, chemicals, infections, mould, EMFs Viral persistence, synthetic spike

Reduce Inflammation/calm system/restore homeostasis

# **Treating MCAS**

Diet-organic, fresh, washed, not processed, no left-overs

Support microbiome – lactobacillus and bifidobacterium, SCFA

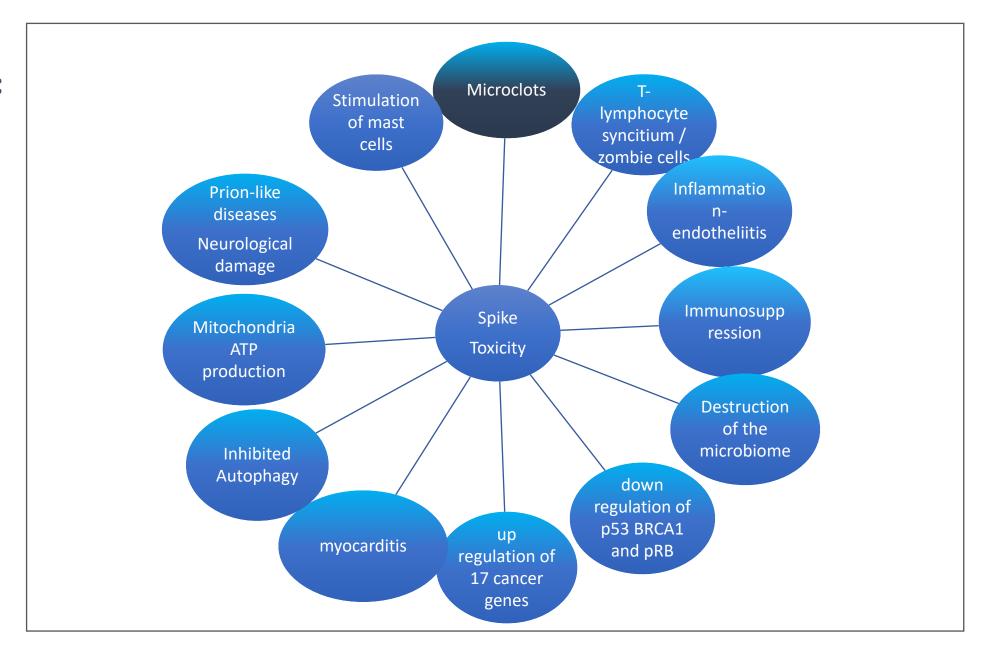
Support methylation, detoxification cycles, diet and supplements

Reduce the effects of histamine: antihistamines, mast cell stabilisers, sodium cromoglycate, montelukast, Low dose naltrexone

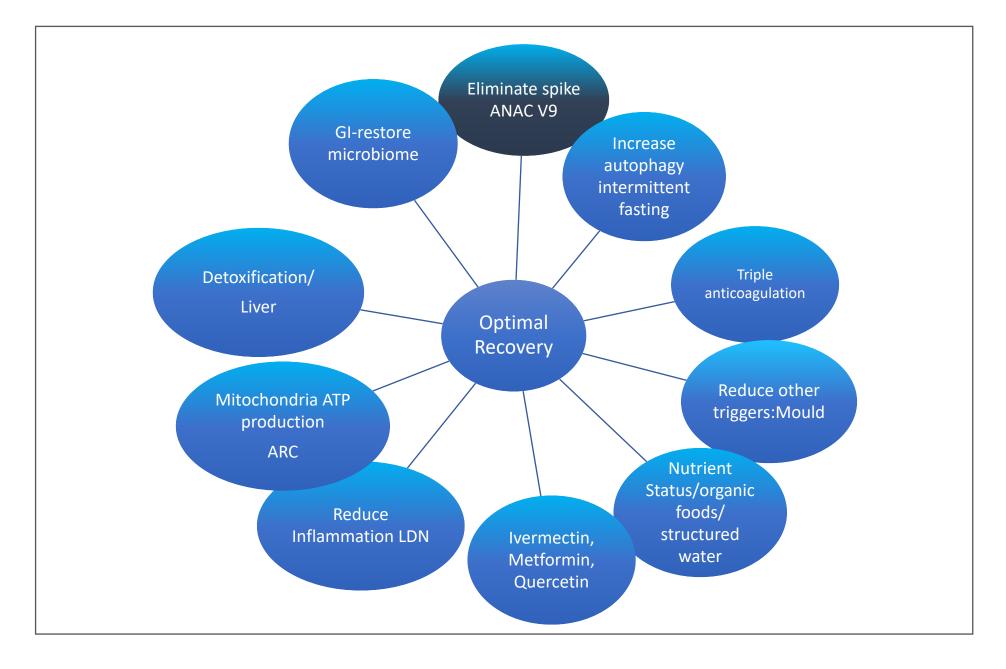
Trauma treatments, grounding, meditation, neuroplastic retraining, boost ATP production

Treat mycotoxins, eliminate mould, treat Lyme

Spike as a trigger: Pathophysiology of the spike-viral and synthetic.



# Where to start?



## Augmented NAC vs Standard NAC

invitro % of denaturation of the Extracellular Spike protein after 24 hours

STANDARD NAC

AUGMENTED NAC

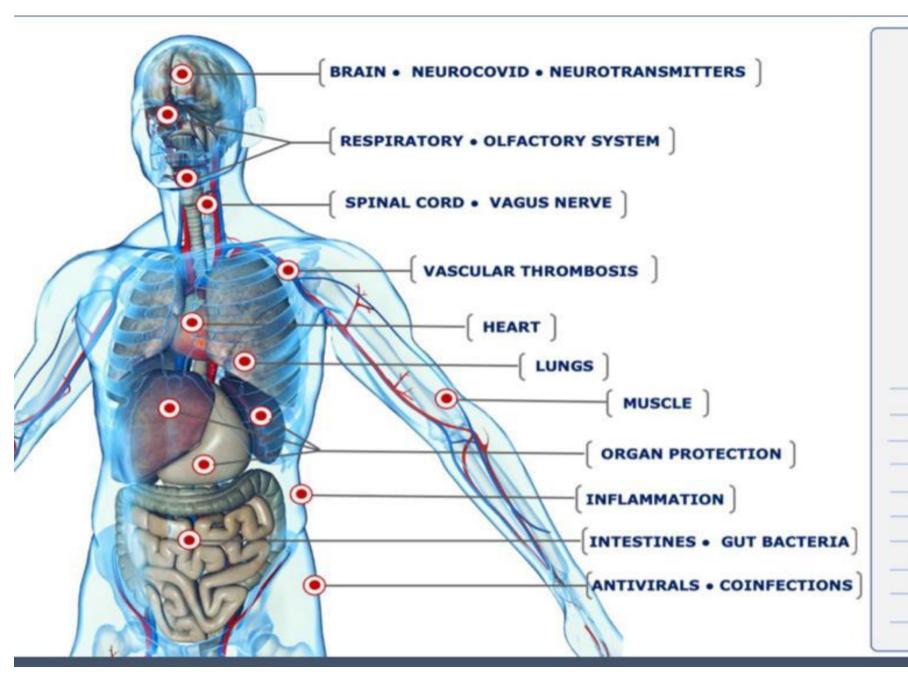
www.augmentednac.com/en

- **VIRUS SPIKE**
- 27%
- 90%
- www.zerospike.org/en
- Fisetin, milk thistle, Quercetin, Metformin

**SYNTHETIC SPIKE** 

28%

99.8%



## **VEDICINALS 9®**



BAICALIN

QUERCETIN

LUTEOLIN

RUTIN

HESPERIDIN

CURCUMIN

**EPIGALLOCATECHIN-GALLATE** 

PIPERINE

**GLYCYRRHIZIN**